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KENA HOLLINGSWORTH

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Kena Hollingsworth founded Hollingsworth Law Group with a vision for transforming family law. "I've always believed in the idea that divorce can be peaceful, respectful and kind," says Kena, whose integrated approach combines legal expertise with emotional support to guide clients through one of life's most challenging transitions.

COMPASSIONATE COUNSEL

**KENA HOLLINGSWORTH OF
HOLLINGSWORTH LAW GROUP**

By **SUSAN SALAZ** | PHOTOGRAPHY By **BRANDY CUNNINGHAM** | ARTWORK By **EDUARDO PEÑA**

Carmel attorney Kena Hollingsworth is redefining family law through an integrated approach that combines legal expertise with emotional support, creating a more peaceful path forward for clients during one of life's most challenging transitions.

(promotional content)

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hen Kena Hollingsworth opened the doors of Hollingsworth Law Group in November 2023, she wasn't just starting a new

business—she was bringing to life a vision of family law shaped by her own personal journey. "I've always had this vision of doing things differently," Kena shares, her voice lighting up as she describes her mission. "I was a child of divorce...so I really went through this. This has been part of my life story from the beginning."

It's this deeply personal connection to her practice area that fuels Kena's passion and sets her firm apart. With over two decades of experience in family law, Kena brings impressive credentials to her practice. She earned her law degree from Indiana University School of Law after graduating magna cum laude from the University of Southern Indiana. Beyond her formal education, she has been recognized as a Super Lawyer for ten consecutive years and has earned numerous professional accolades throughout her career. Despite having owned her own firm since 2004, launching Hollingsworth Law Group represented something truly transformative.

"It has been the wildest, craziest journey," she admits with characteristic warmth. "Those first six to 12 months were humbling, to say the least, just to be my own everything—my own receptionist, my own administrative assistant, doing everything myself." But what started as a one-woman operation quickly blossomed. In just over a year, she has assembled a

team of like-minded professionals united by a shared philosophy. The firm's guiding principle—"Divorce Done Differently"—isn't just clever marketing. It's a fundamental reimagining of what the family transition process can be.

This vision led Kena to pursue a relationship coaching certification during the pandemic, adding to her already impressive credentials as a mediator and collaborative divorce professional. This additional training provided her with tools to help clients navigate profound emotional challenges. "The skill set that I acquired during that certification was really about understanding the other person, diffusing conflict, and learning how to communicate better," she explains.

Recently, Kena has taken this approach even further, implementing a program that incorporates certified coaches into the legal team. These professionals, who are also legal assistants, help clients work through emotional triggers and regulate their nervous systems during what can be an overwhelming process. They provide tools for minimizing conflict, developing better communication skills, and processing difficult emotions in a safe space. As Kena notes, if lawyers can help with these emotional aspects of the process, they absolutely should.

Central to Kena's vision is assembling a team that shares her values and approach. The firm has grown rapidly, with four attorneys now working alongside paralegals, legal assistants and coaches. "Every person who's joined has just had their own passion for helping people in a different way and supporting people in

Attorney Molly Lokitis joined Hollingsworth Law Group in December 2024, bringing strong trial experience and a compassionate approach to family law. Her addition to the team exemplifies the firm's growth and commitment to finding professionals who share their vision of transforming the family law experience and embodying the firm's mission of combining legal expertise with genuine empathy.



What began as a one-woman operation has quickly grown into a dynamic team of professionals united by a shared philosophy. The Hollingsworth Law Group celebrated their first anniversary in November 2024, marking a year of rapid growth and making a positive impact in their clients' lives.



a different, more profound way," she says. Despite her focus on amicable resolutions, Kena emphasizes the importance of trial readiness: "If you can't defend your clients zealously in court, then all of the efforts to settle before aren't as effective."

Kena embodies the balanced approach she advocates for clients. She credits her daily meditation practice, regular workouts with a personal trainer, and attention to her spiritual and emotional well-being for her ability to sustain her demanding schedule. "I couldn't do it otherwise," she says. "I have to make time to do that so I can be my best self to give to everyone else."

This philosophy extends to how the firm supports clients beyond legal matters. The team is committed to an integrated approach that provides support during a life-altering transition. "Relationships are such mirrors," Kena reflects. "They really do touch our deepest wounds, our deepest triggers, our deepest insecurities."

Interestingly, despite being a divorce attorney, Kena doesn't consider herself "pro-divorce." Instead, she describes herself as "pro-love," encouraging clients to make thoughtful, intentional decisions about their relationships. She often advises people to seek support through therapy or coaching before making a final decision about divorce, knowing that the more self-aware they are, the more thoughtful their choices will be—whether

that means repairing a marriage or choosing to end it.

Through Hollingsworth Law Group, Kena isn't just practicing family law—she's fulfilling a mission to transform how people experience one of life's most challenging transitions, proving that even in the midst of ending a marriage, compassion and healing are possible.

Hollingsworth Law Group is located at 30 W. Main Street in Carmel. To learn more about Kena Hollingsworth's compassionate approach to family law or to schedule a consultation, visit 317divorce.com or call 317-DIVORCE. Follow @hollingsworth.law.group on Instagram to stay up-to-date with Kena, her practice, and the team.

Kena's commitment to self-care mirrors what she advocates for clients going through difficult transitions. Her daily meditation practice and regular exercise regimen provide the foundation for the energy and emotional resilience needed in her demanding role. This balanced approach to professional and personal well-being influences everything at Hollingsworth Law Group, from client interactions to team dynamics, creating a culture where both legal expertise and emotional intelligence are equally valued.